



clynx
PHYSIOTHERAPY





Digital Health Solutions

to track progress and increase motivation

Founded in 2018 and based in Lisbon, Portugal



MOTIPHY+



An engaging and gamified
physiotherapy!

Available at the CLINIC and at HOME



Our Solution

Motion Sensor Cameras

Motion sensor cameras detect the patient's joints to create a virtual body model

Gamified Exercises

The treatment plan is selected by the physiotherapist and each specific exercise is customized according to the patient clinical profile

Progress Portal

Easily design customized treatment plans on our platform for both the physician and patient to consult.



Body tracking camera for the collection of data movements



Our Solution

Motion Sensor Cameras

Motion sensor cameras detect the patient's joints to create a virtual body model

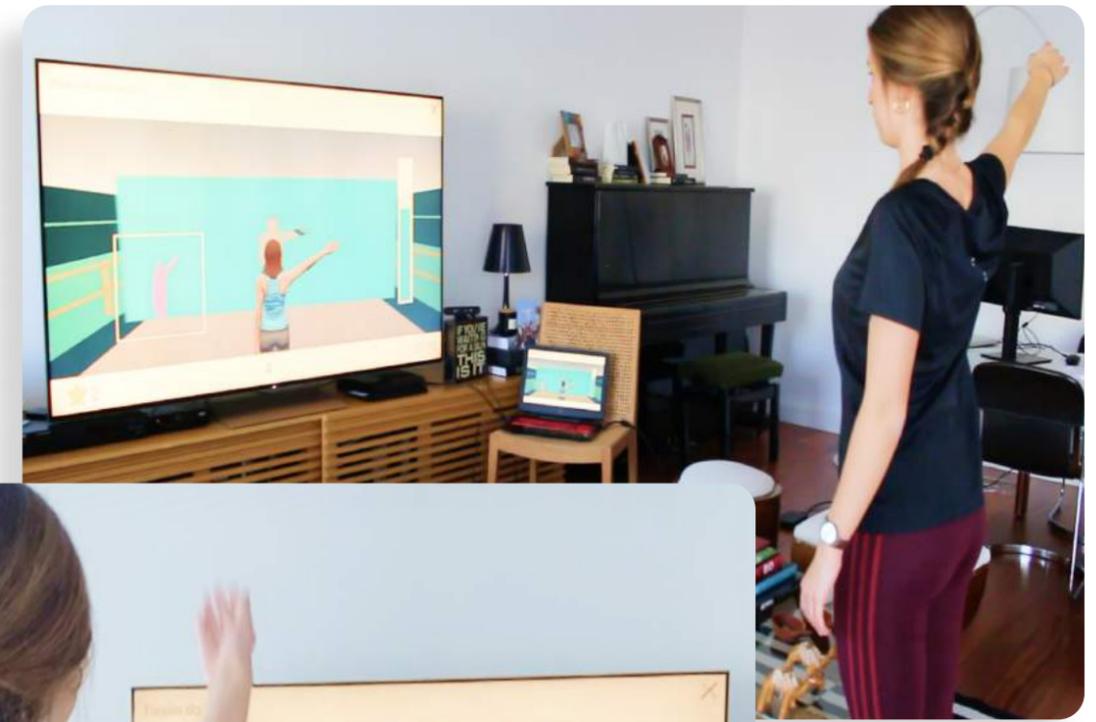
Gamified Exercises

The treatment plan is selected by the physiotherapist and each specific exercise is customized according to the patient clinical profile

Progress Portal

Easily design customized treatment plans on our platform for both the physician and patient to consult.

Physiotherapeutic exercises translated into game objectives



Patients can exercise in the comforts of their own home



Our Solution

Motion Sensor Cameras

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Gamified Exercises

The treatment plan is selected by the physiotherapist and each specific exercise is customized according to the patient clinical profile

Progress Portal

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Online platform



Customizable exercises and treatment plan

Progress tracking and feedback

1/3 people

is living with a health condition that
would benefit from rehabilitation

* according to World Health Organization (2021)



B2B approach: Subscription-based model

1 **MOTIPHY+ kit** includes:





“ The use of this solution in physiotherapy sessions benefits rehabilitation and motivates my patients to be an active part of the process. ”

Cláudia Álvaro

PHYSIOTHERAPIST,
CUF Alvalade Clinic

“ I like this kind of technological developments and I think this solution is an interesting way to encourage us, to promote our responsibility and to involve us in our own recovery.”

António Rendas

PATIENT with Shoulder
impingement syndrome

“ **Motiphy +** is one of the greatest innovations of last few years!
It allows us to evaluate performance, adjust sessions at a distance and monitor our patients' data in detail.
The best part is that its gamified approach motivates the patient to achieve their goals. ”

João Brites

PHYSIOTHERAPIST, T.E.C. Physio

Some Use-Cases: CUF Alvalade Clinic

A clinic from the largest Private Healthcare group in Portugal



2 Physiotherapists

100+ in-CLINIC sessions

50+ HOME sessions

80% improvement in the motivation reported by the Patients*

* Users within 13-70 years old



Some Use-Cases: CHOeste Caldas da Rainha



A clinical unit from the National Health System



2 Physiotherapists

50+ in-CLINIC sessions

500+ HOME sessions

82% of the patients reconciled treatment with work

Patients found it convenient and felt safer to exercise at home during the COVID-19 outbreak

95% would advise a friend to use MOTIPHY+



Some Use-Cases: Centro Hospitalar do Oeste

A clinical unit from the National Health System



<https://www.youtube.com/watch?v=EXgQ1DTfbhk>



An Impactful Public-Private Partnership



PHYSIOTHERAPY



Digitization, Gamification and Telerehabilitation

Higher motivation and accessibility **for the Patient**

Increased flexibility and capacity **for the Hospital**



A step forward in Physiotherapy!



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